

Holy Throwback Thursday!

(aka: Maundy/Holy Thursday)



²⁶ Now as they were eating, Jesus took bread, and after blessing it broke it and gave it to the disciples, and said, "Take, eat; this is my body." ²⁷ And he took a cup, and when he had given thanks he gave it to them, saying, "Drink of it, all of you, ²⁸ for this is my blood of the covenant, which is poured out for many for the forgiveness of sins. ²⁹ I tell you I will not drink again of this fruit of the vine until that day when I drink it new with you in my Father's kingdom." (Mt 26:26–29).

We all like to remember and **celebrate the good** that has happened in our lives. Facebook reminds us of posts from xx years ago. Some of us post "throwback" pics on Instagram. During this **Holy Week** leading to Easter let's pause and recall that the **Lord's Supper** was instituted on the night before Jesus was crucified; the night he was betrayed by Judas and denied 3X by Peter; the night before he was forsaken by the Father on our behalf. He did this so we would remember!

Maybe instead of posting pics of ourselves on "throwback Thursday" we could take time to remember and **post all that Jesus has accomplished** for us in His death, burial, and resurrection. Here are a few of many things to remember today on this Holy Throwback Thursday:

1. His shed blood instituted a **new covenant of grace** between us and the Father for forgiveness of **our sins**.

²⁷ And he took a cup, and when he had given thanks he gave it to them, saying, "Drink of it, all of you, ²⁸ for this is my blood of the covenant, which is poured out for many for the forgiveness of sins. (Mt 26:27–28).

2. In His body, he took on the **infinite wrath of God** for your sin as he hung on the cross in unspeakable agony.

⁴⁵ Now from the sixth hour there was darkness over all the land until the ninth hour. ⁴⁶ And about the ninth hour Jesus cried out with a loud voice, saying, "Eli, Eli, lema sabachthani?" that is, "My God, my God, why have you forsaken me?" ⁴⁷ (Mt 27:45–47).

¹⁰ and to wait for his Son from heaven, whom he raised from the dead, Jesus who delivers us from the wrath to come. (1 Th 1:9–10).

3. In His body, he **accomplished all that was necessary** for you to be declared righteous in God's sight.

²¹ For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God. (2 Cor 5:21)

4. In His body, he experienced all of the temptations that are common to us, yet without sin, **so we could draw near** to our Father instead of shy away.

¹⁵ For we do not have a high priest who is unable to sympathize with our weaknesses, but one

who in every respect has been tempted as we are, yet without sin. ¹⁶ Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. (Heb 4:15–16).

5. His shed blood **purchased you** to give you great worth and mission.

¹⁹ Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, ²⁰ for you were bought with a price. So glorify God in your body. (1 Co 6:19–20).

Gather your family today or tomorrow to share the Lord's Supper and enjoy a "Holy Throwback Thursday" moment; **remember** all Jesus has done and is still doing for you!
He is Risen!